

Helpwch eich plant i ymarfer eu Cymraeg trwy fwynhau rhaglenni Cymraeg ar deledu, arlein ac ar alw.

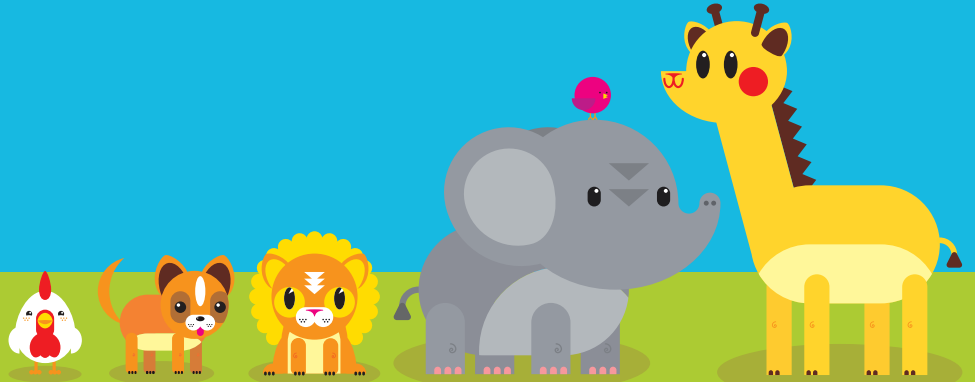
Help your children to practise their Welsh by enjoying Welsh language programmes on tv, online and on demand.

S4C **Cyw**

7.00 a 3.00  
Llun – Gwener  
Monday – Friday

6.00  
Sadwrn – Sul  
Saturday – Sunday

s4c.cymru/cyw  



Chwerthin, Chwarae, Dysgu  
Play, Laugh, Learn

**@TifiaCyw**

Dysgwch Gymraeg wrth wyllo Cyw gyda'ch gilydd. Mae @tifiacyw yn cynnig cyfieithiadau ac esboniadau syml ar Twitter ac ar gwefan Cyw. Learn Welsh as you watch Cyw together. @tifiacyw offers translations and easy explanations on twitter and on the Cyw website.



**S+**  
S4C

**DY STWNSH DI!  
YOUR STWNSH!**

5.00  
Llun – Gwener Monday – Friday  
8.00  
Bob dydd Sadwrn Saturdays

s4c.cymru/stwnsh